

# Selection of a Candidate Compound: Studies to Identify Likely Candidates

A presentation by Sally Old, PhD, Exec Director, Early Development, Covance Laboratories Ltd

### **Learning Outcomes**



- Awareness of Drug Discovery process
  - And how this links into Non-clinical Development
- Candidate Selection
  - Key considerations leading to selection of a candidate compound
  - Understanding of types of studies conducted
- Relevance & impact for future development of compound

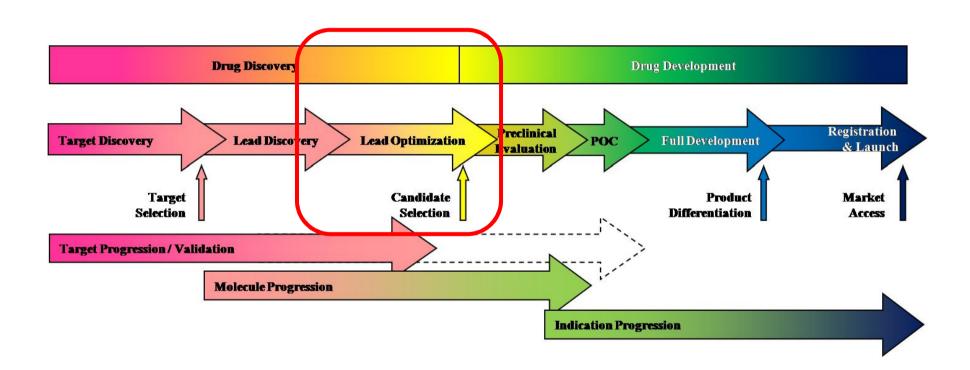
### In This presentation we will cover



- Overview of Drug Development "continuum"
- Drug Discovery
  - Key considerations, role of Lead Optimisation and Candidate Selection
  - "Typical" process and methodologies
  - Regulatory requirements
  - Interpretation and use of data
- Concluding comments

# The Discovery-Development continuum





# Why is Drug Discovery Important?



# Choosing the right compound to develop is critical to the long term success

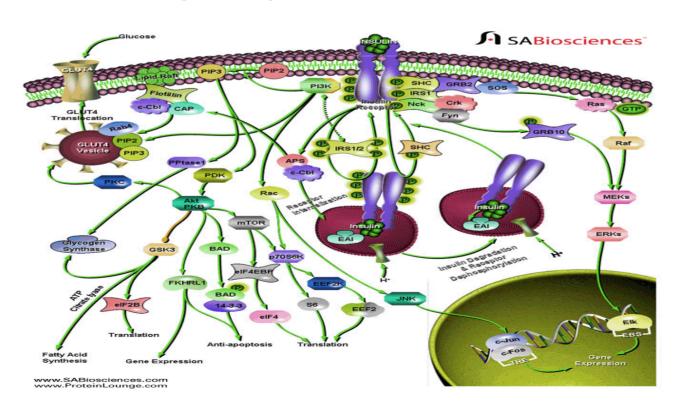
#### The drug needs to be

- clinically effective
- safe
- cost effective
- reproducibly manufactured in high quality
- commercially viable

Integration of efficacy and safety evaluations in early drug discovery improves the probability of technical success

### **How are Drugs Discovered?**

- 1. Identify a medical need
- 2. Understand the underlying mechanism
- 3. Identify a molecular target
- 4. Identify a lead compound
- 5. Identify a commercially viable product
- 6. Move into drug development





# **Target Considerations**



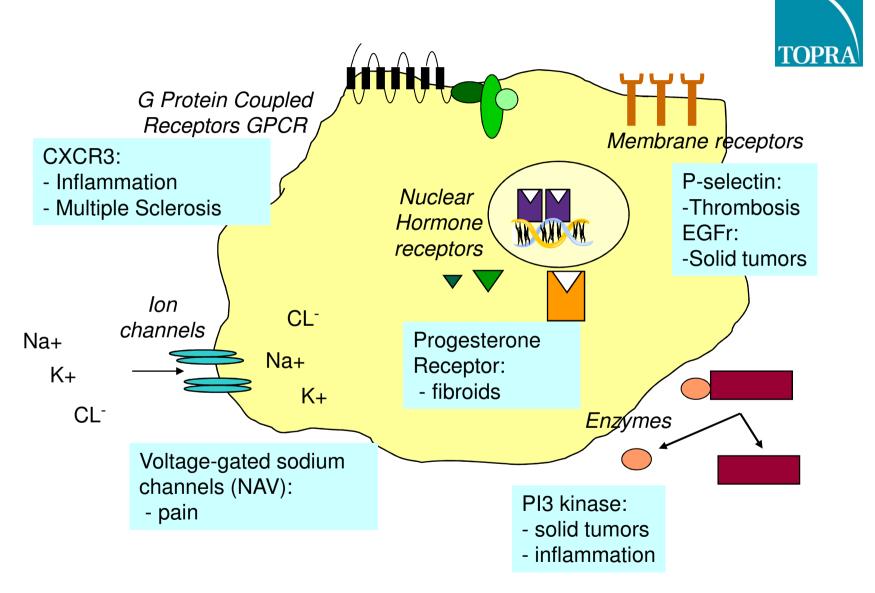
#### **Target Characterization**

- Tissue distribution and expression levels
- Pathway
- In vitro expression of protein
- Assay development

# Target Validation – evidence that affecting the target will modify the disease

- Cell-based models
- Animal models
- Clinical evidence
- Biomarkers

# **Target Types - Examples**



# **Identification of lead compounds**

# TOPRA

#### **Combinatorial chemistry**

Synthesis of thousands of lead compounds

#### **Chemical libraries**

#### **High-throughput screening**

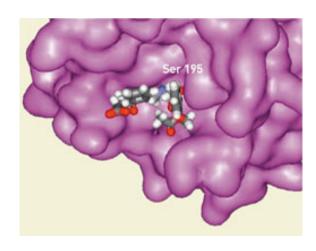
- Binding assays
- Activity assays
- Cell-based assays

#### Molecular modeling

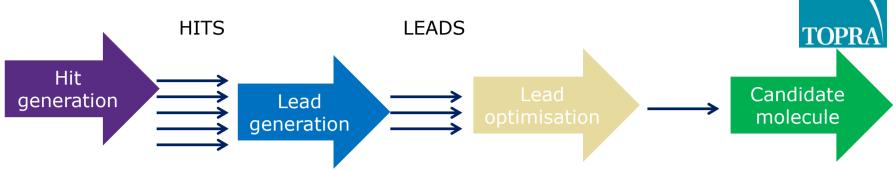
- 3-dimensional images of macromolecular binding site
- Structure-based drug design

#### **Enhancement of existing compounds**

- Improve efficacy, eg statins
- Reduce drug interactions e.g. terfenidine -> fexofenidine
- Improve bioavailability or duration of action



# Selection of a candidate compound



- Drug development: starting with the end in mind enables the right foundation to be laid at the start
- Lead optimisation to candidate selection can be time consuming and expensive
- Important to prospectively define how will you select your candidate molecule
- Decide what attributes are important for the molecule
  - For example what is the desired pharmacological profile?
  - Affinity for target, safety, pharmacokinetics and ADME (absorption, distribution, metabolism, elimination, toxicology)
- Design the studies to generate the data to enable the decisions to be made

>700,000 cmpds	100s cmpds	4 – 7 cmpds	2 Series	1 compound	





- in vitro assays
  - Provide ADME properties
  - Physicochemical and pharmacokinetic (PK) measurements
- Examples include
  - Aqueous solubility: Important for in vitro assays and in vivo delivery of drug
  - Log  $D_{7.4}$ : Measure of lipophilicity; movement across membranes (e.g. BBB)
  - Hep G2 hepatotoxicity: Surrogate for effects of toxicity on human liver
  - Cytotoxicity in suitable cell line: Likelihood of cellular toxicity in vivo
  - ADME see following slide

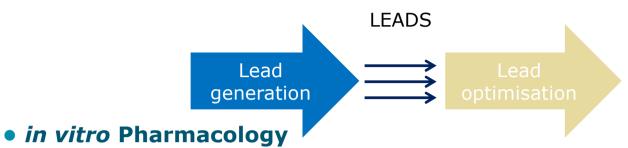
# **Assessment of DMPK Properties**

#### Determine the "drugability" of the molecule



		TOPRA		
		<ul> <li>Moderate to high absorption</li> </ul>		
A	Caco-2	<ul> <li>Mechanism of absorption</li> </ul>		
	IV/PO PK screening	<ul> <li>Bioavailability</li> </ul>		
		<ul> <li>Animal pharmacokinetics</li> </ul>		
A/D	P-gp via Caco-2	Efflux transporter substrate for absorption & impact on CNS uptake		
	RBC distribution*	Interspecies comparison to better interpret biological and tox		
	Plasma protein binding	results		
		<ul> <li>Brain uptake for centrally acting compounds or potential for CNS based adverse events</li> </ul>		
	Brain to plasma ratio*	ONO based adverse events		
M (	Microsomal incubation	Projection of human clearance		
	Hepatocyte incubation	<ul> <li>Cross-species metabolite comparison (coverage of human metabolites)</li> </ul>		
	CYP IC <sub>50</sub>	Potential for drug-drug interactions		
	PXR activation	Potential for CYP or P-gp induction		
	Reaction phenotyping	Role of polymorphic enzymes		
Е	PK Screening w/ urine analysis	Animal pharmacokinetics and mechanism of clearance		
		1.2		





- Biochemical Assay
- Selectivity Assay
- Cellular Assay

#### • PK/PD

- in vivo PK
- Multiple doses
- Different species (support species selection)

#### • in vivo efficacy

- Single and repeat dose to confirm *in vivo* pharmacologic effects

#### Preliminary safety (non-GLP)

MTD studies – to help design pivotal tox studies

# In Vitro Assays



# Provide a readout in a test tube, plate or cell culture system to identify molecules that "hit" a target

- Activation of epidermal growth factor receptor [EGFR] tyrosine kinase, up-regulated in cancer
  - Measure level of tyrosine kinase autophosphorylation
- Inhibition of tumor necrosis factor [TNF], an inflammatory cytokine with a monoclonal antibody
  - Binding assay to measure affinity
  - Cell-based assay to measure neutralization of cytotoxic effect of TNF



### **Pharmacokinetic Modeling**



In Vivo PK

*In Vitro* Scaling

Pharmacology

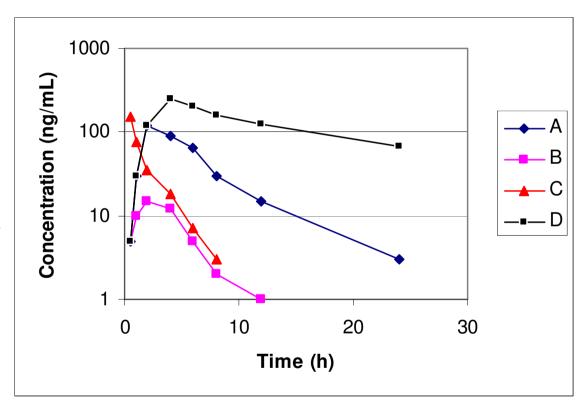
# **Clinical Projections**

**Drive Towards an Appropriate Target Clinical Profile** 

### **Pharmacokinetic Screening**



- Pharmacokinetics of drug candidates in animals are often predictive of PK in human
- Test compounds are dosed to rodents, dogs, or primates
- Drug levels measured by high throughput methods
- PK parameters may be optimized based on therapeutic target
  - Onset of action
  - Duration of action
  - Bioavailability



# In Vivo Assays

# Animal models of disease to show that a molecule not only TOPRA hits the target but has the desired effect

- Tumors known to express over-activated EGFR could be transplanted into animals to assess the effects of potential inhibitors
  - Effects on tumor growth
  - Effects on EGFR autophosphorylation Western blot
- For anti-TNF antibodies, measure reduction in inflammatory response in various animal models of inflammation
  - Collagen-induced arthritis
  - Mouse autograft model
- Antidiabetic compounds
  - db/db mouse model
  - Feed high fat diets



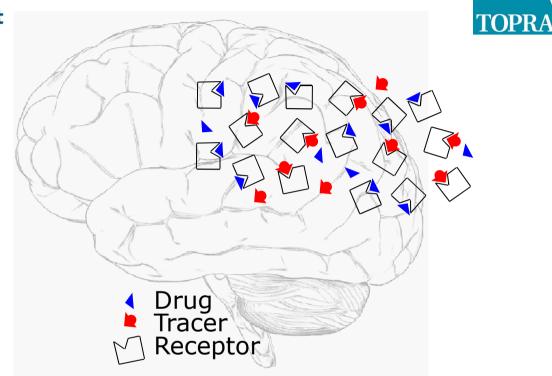
# The same assay may be applied to address either safety or efficacy issues; data interpretation is different

- Example: Seizure threshold study
  - Safety Application Identify adverse effects of compound on convulsive liability
  - Efficacy Application Identify compound that might be effective in treating epilepsy

# Receptor Occupancy [in vivo]

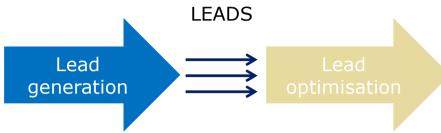
# Does the drug reach the target receptor?

- 5-HT1a, 2a, 2c Receptors
- Cannabinoid-1 Receptor
- Kappa Opiate Receptor
- Mu Opiate Receptor
- Delta Opiate Receptor
- Dopamine-1, -2 Receptors
- Serotonin Transporter
- Dopamine Transporter
- Norepinephrine Transporter
- mGlu5 Receptor
- mGlu1 Receptor
- Nicotinic α4β2 Receptor
- Histamine-1 Receptor



- 1. Dose animal with test compound
- 2. Dose animal with tracer
- 3. Analyze tracer bound to receptor





- Preliminary safety (non-GLP)
  - MTD studies to help design pivotal tox studies
- Depending on the molecule and risk may also conduct
- Genotoxicity
  - See next slide
- Safety Pharmacology
  - Evaluation can be incorporated into preliminary toxicology/efficacy studies
  - Cardiovascular
  - CNS
  - Respiratory
  - Gastrointestinal

# **Screening – Genetic Toxicology**

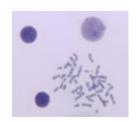


#### **Genetic Toxicology**

- Philosophy
  - Flexible approach
  - Scaled down Regulatory assays often used (best prediction for later in development)
- Options
  - in silico analysis can be useful as first step (e.g. Derek Nexus/ Leadscope)
  - Include in vitro cell-based assays for gene mutation & chromosomal damage









# **Screening – Genetic Toxicology**

# TOPRA

#### **Typical screening assays**

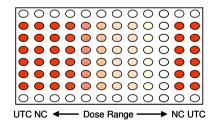
- Ames assay (bacterial gene mutation)
  - Normally 2 of the 5 standard strains used (TA98 and TA100)



Mini-Ames test (modified bacterial mutation test)



- In vitro micronucleus in mammalian cells (detection of chromosomal damage/aneuploidy)
  - Conducted in human lymphocytesOR
  - Conducted in cell lines such as CHO / L5178Y / TK6



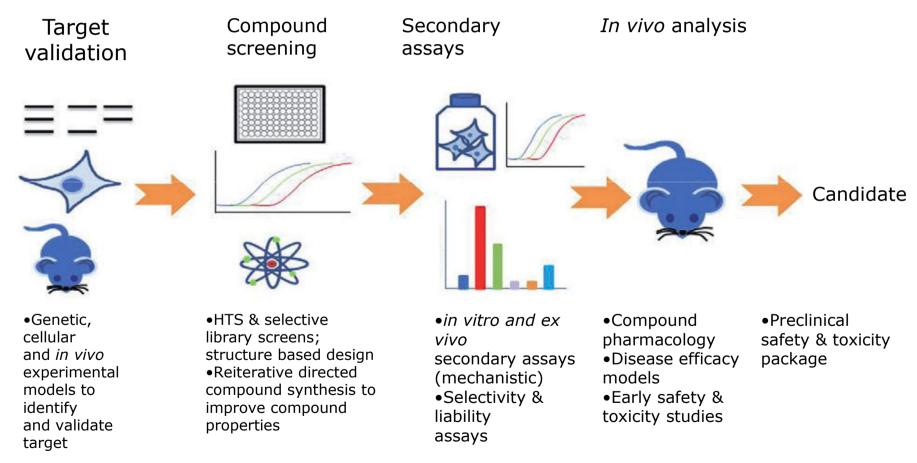
 Screens for other Genetic Toxicology endpoints and also Cytotoxicity may also be used





# **Drug discovery process and methodologies - summary**





Reference: Hughes JP et al (2011) Brit J. Pharmacol . 162 1239-1249

**GUIDANCE DOCUMENTS: PHARMACOLOGY** 



- ICH M3(R2): Non-clinical safety studies for the conduct of human clinical trials and marketing authorisation for pharmaceuticals
  - Primary PD studies (in vivo and/or in vitro) intended to investigate the mode of action and/or effects of a substance in relation to its desired therapeutic target
    - Generally conducted during the discovery phase of pharmaceutical development
    - Not conducted in accordance with Good Laboratory Practices (GLP)
    - Can contribute to dose selection for both non-clinical and clinical studies
  - Safety pharmacology (S7A)

#### **GUIDANCE DOCUMENTS: PHARMACOLOGY**



#### • S7A Safety Pharmacology Studies for Human Pharmaceuticals

- Studies that investigate the potential undesirable pharmacodynamic effects on physiological functions in relation to exposure in the therapeutic range and above
- Primary: Studies on the mode of action and or effects in relation to the desired therapeutic target
- Secondary: Studies on the mode of action and/or effects not related to the desired therapeutic target
- Rational Approach in Design and Conduct
- Based on Pharmaceutical's Properties and Uses Scientifically Valid Methods
  - Use of New Technologies and Methodologies is encouraged
  - Potential to Incorporate SP Endpoints into Toxicology, Kinetics, Clinical studies etc.
- ICH S7B: The Non-clinical Evaluation of the Potential for delayed Ventricular Repolarization (QT Interval Prolongation) by Human Pharmaceuticals
- ICH S7A and S7B are discussed in detail in another presentation

#### GUIDANCE DOCUMENTS: PHARMACOLOGY



#### Pharmacology studies

- Prior to Phase I studies
- Preliminary characterization of the mechanism(s) of action and schedule dependencies
- Anti-tumor activity of the pharmaceutical should have been made
- Appropriate models should be selected based on target and mechanism of action
- These studies can:
  - provide nonclinical proof of principle;
  - guide schedules and dose-escalation schemes;
  - provide information for selection of test species;
  - aid in start dose selection and selection of investigational biomarkers, where appropriate; and,
  - if relevant, justify pharmaceutical combinations
- Understanding the secondary pharmacodynamic properties of a pharmaceutical could contribute to the assessment of safety for humans, and those properties might be investigated as appropriate



#### **GUIDANCE DOCUMENTS: PHARMACOKINETICS**



#### • ICH S3A: Toxicokinetics - A Guidance for Assessing Systemic Exposure in Toxicology Studies

- The primary objective of toxicokinetics is to describe the systemic exposure achieved in animals and its relationship to dose level and the time course of the toxicity study.
- Secondary objectives are:
  - to relate the exposure achieved in toxicity studies to toxicological findings and
  - contribute to the assessment of the relevance of these findings to clinical safety.
  - to support the choice of species and treatment regimen in non-clinical toxicity studies.
  - to provide information which, in conjunction with the toxicity findings,
     contributes to the design of subsequent non-clinical toxicity studies
- If the tox study is to GLP the TK assessment needs to be to GLP

#### **GUIDANCE DOCUMENTS: PHARMACOKINETICS**



- Guideline on the non-clinical development of fixed combinations of medicinal products (EMEA/CHMP/SWP/258498/2005)
- Potential additive, potentiation or antagonistic effects of the compounds when used together with respect to the pharmacology, pharmacokinetics or toxicology of the combination under development
- What you do (which studies and their design) to support them from a non-clinical perspective depends on what they are:
  - Fixed combination of compounds already approved as free combination therapy
  - Fixed combination of approved compounds NOT approved as free combination therapy
  - Fixed combination containing one or more New Active Substances

# Candidate Selection: Interpretation and use of data



Selecting the right molecule to advance

#### **Product Target Profile**

- Indication
- Dosing

- Potency
- Market landscape



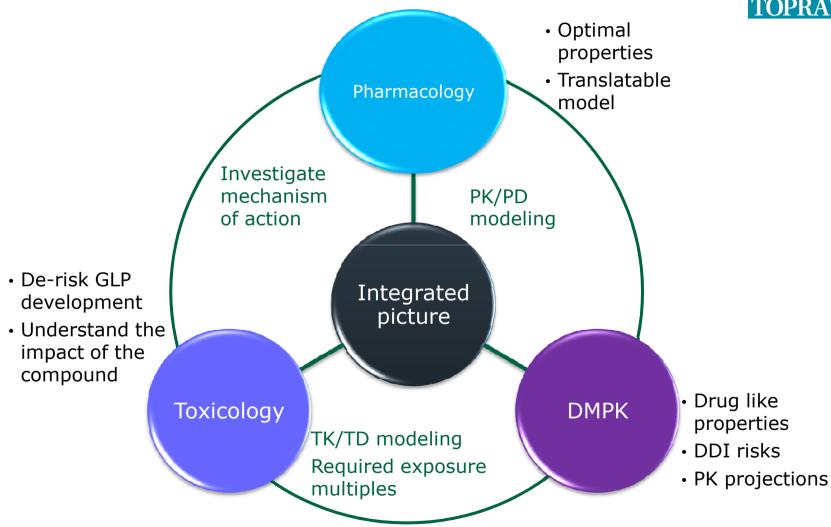
#### **Defined Scientific Endpoints**

- Receptor interaction
- Performance against pharmacological model
- Active comparators

- Predicted clinical properties
- Potential toxicology outcome

# Candidate Selection: Interpretation and use of data

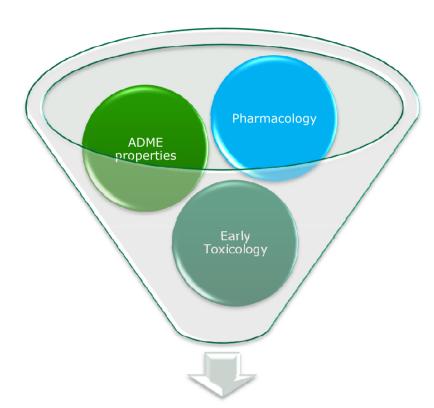




### **Advancing the Molecule**

#### Bringing the data & expertise together for decision making





Candidate Molecule

- Collation of individual scientific results
- Assess the experimental results against the Product Target Profile
- Choose the best molecule to advance

# Medical Need vs. Commercial Viability



#### **Risk/Benefit Ratio**

 What is the feasibility of developing a drug with a favorable risk/benefit ratio?

#### "Drugability"

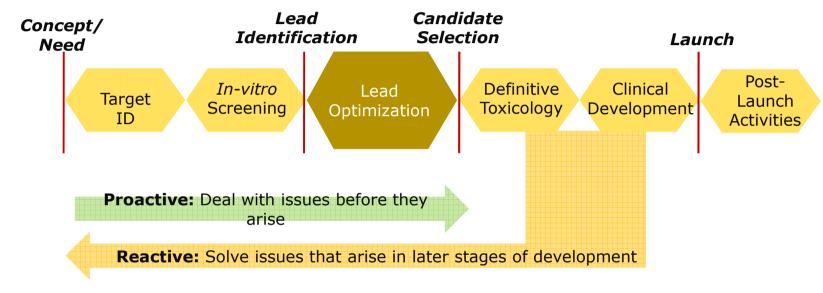
What is the feasibility of delivering a therapeutic to the target

#### **Commercial Viability**

- What is the likelihood that the developed drug will recover development costs and return a profit?
  - Commercial discussions are happening earlier and earlier
  - Includes regulatory environment and cost/benefit discussions

# The Drug Development [re]Cycle





Integrating Safety and Efficacy improves the probability of technical success

### In this presentation we covered



- Overview of Drug Development "continuum"
- Drug Discovery
  - Key considerations, role of Lead Optimisation and Candidate Selection
  - "Typical" process and methodologies
  - Regulatory requirements
  - Interpretation and use of data
- Concluding comments

#### **Recommended references**



- Hughes J.P., Rees S., Kalindjian, S.B., Philpott, K.L. Principles of early drug discovery. Br J Pharmacol, 2011; 162(6): 1239–1249
- Pritchard J.F., Jurima-Romet M., Reimer M.L., Mortimer, E, Rolfe B, Caven M.N. Making better drugs: Decision gates in non-clinical drug development. Nat Rev Drug Discov. 2003 Jul;2(7):542-53.
- Hefti, F. Franz. Requirement for a lead compound to become a clinical candidate. BMC Neurosic 2008; 9(Suppl 3): S7.
- ICH series of guidelines



# **QUESTIONS?**

#### **Acknowledgements**

William Hanlon, Shawn Heidel, Mark Holbrook, Michelle Scott, Marina Seme Nelson, Margaret Urwin [Covance colleagues]



#### **Contact details**

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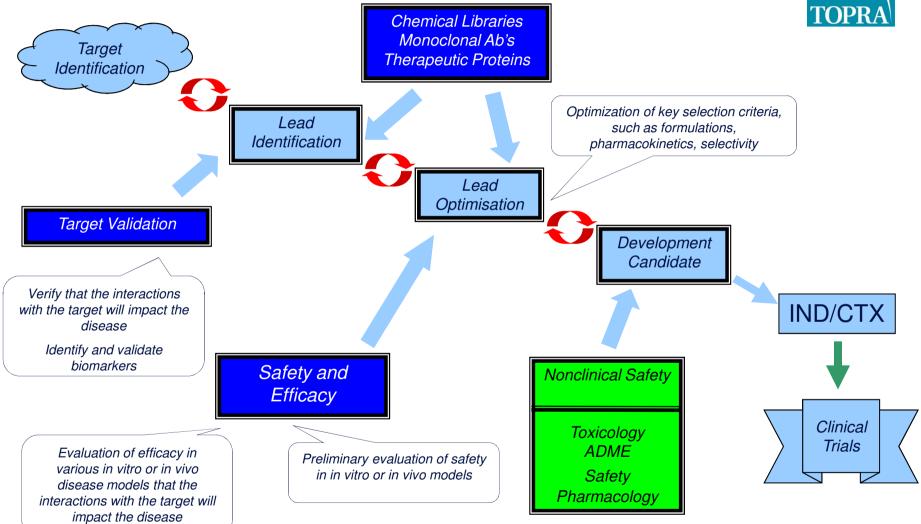
**Email:** sally.old@covance.com



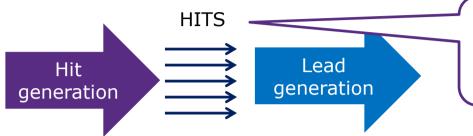
# **Back-up slides**

### **Drug Discovery Process; summary**









Hit: a compound which has the desired activity in a compound screen and whose activity is confirmed upon retesting

#### High throughput screening (HTS)

- Entire compound library directly against drug target ( or may use cell-based assay)
- Activity is dependent upon the target
- Require secondary assays to confirm the site of action
- Uses complex laboratory automation
- Assumes no prior knowledge of nature of the chemotype likely to have target activity

#### Focused or knowledge-based screening

- Selecting smaller subsets of molecules from chemical library
- Based on knowledge of target protein and literature (or patent precedents)

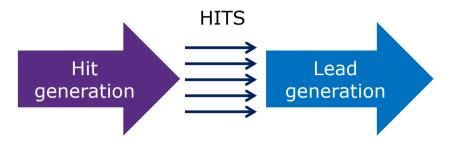
#### Fragment screening

- Generation of very small molecular weight compound libraries
- Typically accompanied by generation of protein structures to enable progression

#### Physiological screening

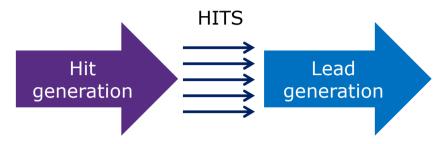
- Tissue-based approach
- Look for response more aligned with final desired in vivo effect





- Chemistry programs are conducted in parallel to screening programs
  - Improve the potency, selectivity and physiochemical properties of the molecule
- Further data generation to support hypothesis that intervention at the drug target will have efficacy in the disease state
- Output from the screen is the HIT molecule
- The HITS then need to be filtered/triaged:
  - Remove frequently occurring molecules
  - Grouped according to structural similarity: broad spectrum of classes





- Generate dose-response curves in the primary assay for each HIT
  - Looking for reversibility
- Assess surviving HITS in a secondary assay (if available)
  - Not necessarily a HT assay
  - Effect of the compounds in a functional response
  - e.g. second messenger assay or in a tissue-or cell-based bioassay
  - Provide assurance that compounds are able to modulate more intact systems

#### Chemistry analysis

- Cluster compounds into groups (could form the basis of lead series)
- Identify structure/activity relationships
- Synthesis aspects assessed